



READINESS
for kids

Answer the questions on the right and discuss with parents to see if you feel ready to stay home alone.



Talking it over

1. When I'm by myself, I feel...

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2. When I'm by myself, I really like to...

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3. When I'm by myself, I really don't like...

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4. When I'm by myself, I get scared about...

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5. When I'm by myself, I wish I knew...

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6. When I'm by myself, I wish I could...

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7. When I'm by myself, the best thing is...

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8. When I'm by myself, the worst thing is...

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